



Paul Lamont Gilmer, Jr.

November 24, 1987 - January 22, 2026

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Paul Lamont Gilmer Jr. passed away on Thursday, January 22, 2026, at the age of 38.

Paul was born on November 24, 1987, in Greensboro, North Carolina, to Paul Gilmer Sr. and Jacqueline Graham. He attended school in Guilford County and graduated from Northeast Guilford High School in McLeansville, North Carolina.

Paul was known as a loving and caring individual and a devoted father who deeply cherished his children. He was a jack of all trades who enjoyed working with his hands and had a natural ability to fix things. Paul had a strong presence and left a lasting impression on everyone who knew him.

Paul was preceded in death by his parents, Jacqueline Graham and Paul Gilmer Sr., and his son, Isaiah O'Neal.

He is survived by his wife, Jessica Gilmer; his son, Josiah O'Neal; his daughters, Harmony Burnett and Legend Gilmer; his mother, Frances Gilmer; and his brother, DeVon Boyd.

Tribute Wall



“ *Our thoughts and prayers are with your family.
Continue to rely on God and know that he hears your prayers,
because he cares for you. Sharing your sadness.*

Evans family - February 04 at 09:54 AM